

Ephesians: From Death to Life
A Healthy Church
Ephesians 4:1-16

There have been volumes of books written for the business world that help business owners and managers measure the health and performance of their organization. They provide practical advice on how to change a failing business plan or how to focus on customer service and product quality. There is enough industry-specific material available that, theoretically, businesses should not fail. But they do.

1. A healthy church is marked by spiritual unity.

2. A healthy church is marked by spiritual diversity.

3. A healthy church is marked by spiritual maturity.

It is wise and good to want to take care of our physical bodies, after all, we only get one for this life. But as followers of Jesus, we need to be as concerned and maybe even more concerned about the health of the body of Christ. We may not always agree, and we may not always get along, but whether we like it or not, we are a part of the same body, adopted into the same family, and called to live and work together for the glory of Christ and His kingdom.

Reflection

Why is unity important in the local church? What do all believers have in common? How should the gospel inform and empower our ability to be spiritually united? What things get in the way of spiritual unity in the context of the local church and how do we overcome those things? What diversity is good diversity? How does God use diversity to accomplish His mission? If you were to timeline the marks of spiritual maturity from “children tossed to and fro” to “the measure of the stature of the fullness of Christ,” where do you think you would be? What steps do you need to take to continue moving toward the fullness of Christ? Think about your involvement here at Parkview. How would you describe the health of our church? Would you take a moment to pray for Parkview, its people and its mission?